

Creation of a more Seductive You ...



fitness and nutrition consulting

Fitnut's Ten Month Training Manual



Fitnut

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Fitnut's launching a jewel of a package which includes:

A specialized ten month training manual That will blow your mind while helping you shed the pounds/kilograms, sculpting, toning and shaping your body into a masterpiece And the beauty of the program is that it can be done anywhere. Clients have been losing inches, body fat has been reduced and muscle mass gained.

A fully balanced healthy eating plan to use as a guideline.

A low GI guideline.

Additional Nutritional Information

Variants – Additional exercises and a description as to how to do them and use them to make your journey towards a more seductive you sweaty, muscle tensing Interesting?

And a brand named towel and t-shirt set.

It's a once in a life time offer, only a limited amount of the package will be on sale. And the cost of the package is kept affordable to enable anybody and everybody that is passionate about life that wants a healthier, fuller life ... it's the tools to guide you and to take you on A journey Towards a more seductive YOU Let the seduction begin. Take a step into your fantasy and make it a reality.

This is not an advertising gimmick, the program really works.

For more information feel free to contact Fitnut at fitnut_fitness_nutrient@yahoo.com

